



PREPARING FOR YOUR EGD

MEDICATIONS

- Please remain on your blood thinners. However, if you take blood thinners and you are having this procedure because of difficulty swallowing or for stricture dilation, please call our office as soon as possible.
- If you are using INSULIN-please contact your prescribing physician for instructions.
- If your doctor requires you to take antibiotics, or if you have a heart valve replacement or implantable defibrillator, please contact our office for further instructions.

DIET INSTRUCTIONS

- Nothing solid to eat after midnight.
- Clear liquids up until 2 hours prior to the procedure.

DAY OF THE PROCEDURE

- Take your regularly scheduled medication with sips of water, including heart and blood pressure medications.
- Arrive **ONE** hour before your scheduled time.
- Bring ONLY your insurance cards, photo I.D. and a list of your current medications. We are not responsible for personal items.
- Plan to be at the facility at least 2 hours.
- We require someone be with you at the time of discharge so the doctor and nurses can explain the findings and follow-up care that will be needed.
- Although we take the necessary steps to maintain your safety, our procedures are not without risk. Please have definite arrangements for a driver to take you home. We ask that the person you select be able to stay on the premises in the event that an emergency should occur. – **If a driver cannot be confirmed, your procedure will not be completed with sedation/may need to be rescheduled.** FOR YOUR SAFETY, TAXICABS AND THE CITY BUS CANNOT BE USED TO GET HOME.

Thank you for following these instructions.

If you have any questions regarding your upcoming procedure, please call our office at **614-754-5500**.