



ESOPHAGEAL MANOMETRY STUDY

Your physician has ordered this test for you which involves measuring the pressure and muscle action of the upper GI tract. A small, flexible tube is inserted into your nose and down into your stomach. This is done without sedation, and is done very gently. The catheter is connected to a very complex machine. This test helps your doctor diagnose your illness and plan of treatment.

PLEASE READ AND FOLLOW THESE INSTRUCTIONS:

1. On the day before your test, you may eat your regular meals.
2. Nothing to eat or drink after midnight before your test – this includes medicines, nitoglycerins, gum or mints. Do not swallow toothpaste and do not smoke.
3. Wear a shirt/blouse that buttons down the front.
4. You will need to check in at the office front desk 30 min prior to your test.
5. You will be at our office approximately 1 hour.
6. You do NOT need a driver, this is done without sedation.
7. Test results will be given to you by your physician at a later date.

*****IF YOU HAVE ANY QUESTIONS REGARDING THIS INFORMATION,
PLEASE CALL OUR OFFICE AT 614-754-5500.**