



## PREPARING FOR YOUR EGD

### MEDICATIONS

- Please remain on your blood thinners. However, if you take blood thinners and you are having this procedure because of difficulty swallowing or for stricture dilation, please call our office as soon as possible.
- If you are using INSULIN-please contact your prescribing physician for instructions.
- If your doctor requires you to take antibiotics, or if you have a heart valve replacement or implantable defibrillator, please contact our office for further instructions.

### DIET INSTRUCTIONS

- Nothing solid to eat after midnight. Clear liquids up until 2 hours prior to the procedure. (except for sips of water for your medications).

### DAY OF THE PROCEDURE

1. Take your regularly scheduled medication with sips of water, including heart and blood pressure medications.
2. Bring ONLY your insurance cards, photo I.D. and a list of your current medications. We are not responsible for personal items.
3. Plan to be at the facility at least 2 hours.
4. Make arrangements for someone to be with you to drive you home. **FOR YOUR SAFETY, TAXICABS AND THE CITY BUS CANNOT BE USED TO GET HOME.**
5. We require someone be with you at the time of discharge so the doctor and nurses can explain the findings and follow-up care that will be needed.

Thank you for following these instructions.  
If you have any questions regarding your upcoming procedure, please call our office at **614-754-5500**.