



## PREPARING FOR YOUR EGD

### MEDICATIONS

- Please remain on your blood thinners.
- If you are using INSULIN-please contact your prescribing physician for instructions.
- If your doctor requires you to take antibiotics, or if you have a heart valve replacement or implantable defibrillator, please contact our office for further instructions.

### DIET INSTRUCTIONS

- Nothing to **EAT after 12 midnight** the night before your procedure.
- Nothing to **DRINK 6 hours** prior to your procedure (except for sips of water for your medications).

### DAY OF THE PROCEDURE

1. Take your regularly scheduled medication with sips of water, including heart and blood pressure medications.
2. Bring **ONLY** your insurance cards and a list of your current medications. We are not responsible for personal items.
3. Plan to be at the facility at least 2 hours.
4. Make arrangements for someone to drive you home. **FOR YOUR SAFETY, TAXICABS AND THE CITY BUS CANNOT BE USED TO GET HOME.**
5. We require someone be with you at the time of discharge so the doctor and nurses can explain the findings and follow-up care that will be needed.

Thank you for following these instructions.

If you have any questions regarding your upcoming procedure, please call our office at **614-754-5500**.